

## Confidential Health Information Questionnaire

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Patient Name \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: ☐ M ☐ F

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone \_\_\_\_\_

### Social History

Marital Status: ☐ Married ☐ Separated ☐ Divorced ☐ Single

Spouse's Name \_\_\_\_\_ Spouse's Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Who do you live with: ☐ Alone ☐ Spouse ☐ Other \_\_\_\_\_

Tobacco Use: ☐ Never ☐ Former Smoker ☐ Current Smoker

On average how many alcoholic beverages do you drink each day: \_\_\_\_\_

On average how many cups of coffee, tea or cola do you drink each day: \_\_\_\_\_

On average how many days a week do you exercise for at least 30 minutes: \_\_\_\_\_

### Occupational History

What kind of work do you do? \_\_\_\_\_ ☐ Retired ☐ Part-time ☐ Full-time

Who is your employer? \_\_\_\_\_

How long have you been doing this job? \_\_\_\_\_

## Current Complaint

Briefly describe your current complaint \_\_\_\_\_

What do you think caused it? \_\_\_\_\_

Date the problem began \_\_\_\_/\_\_\_\_/\_\_\_\_ or ☐ Gradual Onset ☐ Chronic/Recurrent

How often are your symptoms present? ☐ 0-25% ☐ 25-50% ☐ 51-75% ☐ 76-100%

Is your condition: ☐ Getting Better ☐ Getting Worse ☐ Staying the Same

Please rate your pain intensity on the scale below:

### Wong-Baker FACES® Pain Rating Scale



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Used with permission. Originally published in *Whaley & Wong's Nursing Care of Infants and Children*. ©Elsevier Inc.

Use the symbols below to indicate where and what type of discomfort you feel on the picture below:

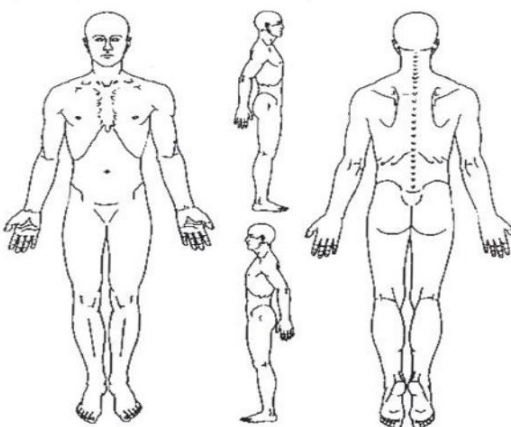
*Dull/Achy*  
XXXXXX

*Numbness*  
OOOOOO

*Pins/Needles/Tingling*  
.....

*Stabbing*  
/////

*Burning*  
^^^^^^



List pain-relievers taken within the last 12 hours: \_\_\_\_\_

List allergies to medications: \_\_\_\_\_

**List any X-rays, MRIs or other tests that you have had for your complaint area in the past year:**

Test \_\_\_\_\_ Where was it done \_\_\_\_\_

Test \_\_\_\_\_ Where was it done \_\_\_\_\_

Test \_\_\_\_\_ Where was it done \_\_\_\_\_

**Please list all surgeries that you have ever had done or attach a separate list**

Surgery \_\_\_\_\_ Date \_\_\_\_\_ Dr. \_\_\_\_\_

Surgery \_\_\_\_\_ Date \_\_\_\_\_ Dr. \_\_\_\_\_

Surgery \_\_\_\_\_ Date \_\_\_\_\_ Dr. \_\_\_\_\_

**Please list all medications that you currently take or attach a separate list**

\_\_\_\_\_ dose \_\_\_\_\_

\_\_\_\_\_ dose \_\_\_\_\_

\_\_\_\_\_ dose \_\_\_\_\_

\_\_\_\_\_ dose \_\_\_\_\_

**Family History**

Have blood relatives of your immediate family (parents, grandparents, siblings, children) had any of the following conditions? Choose yes or no. If yes list their relationship to you (e.g. mother).

Cancer: ☐ Yes ☐ No If yes, then who \_\_\_\_\_Diabetes: ☐ Yes ☐ No If yes, then who \_\_\_\_\_Heart disease: ☐ Yes ☐ No If yes, then who \_\_\_\_\_Stroke: ☐ Yes ☐ No If yes, then who \_\_\_\_\_Kidney Disease: ☐ Yes ☐ No If yes, then who \_\_\_\_\_

**Review of Systems:** Please check Yes or No to All below**Constitutional**

Yes      No

- ☐ ☐ Excessive Fatigue
- ☐ ☐ Frequent Fevers
- ☐ ☐ Trouble sleeping
- ☐ ☐ Unintended weight gain/loss

**Eyes**

Yes      No

- ☐ ☐ Blurred vision
- ☐ ☐ Double vision
- ☐ ☐ Loss of vision

**Ears, Nose, Mouth, & Throat**

Yes      No

- ☐ ☐ Loss of sense of smell
- ☐ ☐ Hearing loss
- ☐ ☐ Ringing in your ears

**Cardiovascular & Respiratory**

Yes      No

- ☐ ☐ Chest pain
- ☐ ☐ Palpitations
- ☐ ☐ Shortness of breath

**Gastrointestinal**

Yes      No

- ☐ ☐ Frequent constipation or diarrhea
- ☐ ☐ Frequent heartburn
- ☐ ☐ Frequent nausea
- ☐ ☐ Frequent vomiting

**Bladder & Sexual Function**

Yes      No

- ☐ ☐ Discomfort/burning
- ☐ ☐ Loss of bladder control
- ☐ ☐ Loss of desire for sex
- ☐ ☐ Menopause (women)
- ☐ ☐ Trouble with erection (men)
- ☐ ☐ Urgency to urinate

**Skin**

Yes      No

- ☐ ☐ Change in hair or nails
- ☐ ☐ Change in skin color
- ☐ ☐ Persistent itching

**Endocrine**

Yes      No

- ☐ ☐ Hot/cold intolerance
- ☐ ☐ Increased thirst
- ☐ ☐ Loss of hair

**Memory, Thinking, Mood, Psychiatric**

Yes      No

- ☐ ☐ Anxiety or depressed mood
- ☐ ☐ Hallucinations
- ☐ ☐ Memory loss

**Blood and Lymph**

Yes      No

- ☐ ☐ Anemia
- ☐ ☐ Easy bruising/bleeding
- ☐ ☐ Slow to heal from cuts

**Neurological**

Yes      No

- ☐ ☐ Confusion
- ☐ ☐ Falling down
- ☐ ☐ Headaches
- ☐ ☐ Loss of coordination
- ☐ ☐ Involuntary movements/tremors
- ☐ ☐ Lightheaded/dizzy/spinning/vertigo
- ☐ ☐ Fainting or passing out
- ☐ ☐ Numbness
- ☐ ☐ Seizure or convulsion
- ☐ ☐ Tingling
- ☐ ☐ Trouble speaking
- ☐ ☐ Trouble walking
- ☐ ☐ Weakness
- ☐ ☐ Trouble swallowing

By signing below, you attest that the information you have provided is correct and complete, and you are giving your consent to be examined in our practice.

\_\_\_\_\_  
Signature of patient (parent/guardian if minor)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date